

# MY AGENDA

## SATURDAY - DAY 1

- 7.45 am Registration/Check-in
- 8.30 am **Main stage: Embracing Your Magnificence**  
*Francesca Anastasi*
- Keynote: The Neurochemistry of Love, Lust and Sex**  
*Maureen McGrath*
- 10.00 am Breakout sessions:
- Radical Influence – Help You Reach Your Goals Faster!**  
*Jill Lublin*
- BYOSH - Be Your Own Super Hero**  
*Kimberly Roberts*
- Personal Empowerment in Separation and Divorce**  
*Melanie Magnusson*
- 11.00 am **Main stage: Becoming an Empowered Leader**  
*Laura Furtado*
- 12.30 pm **MY Networking Lunch\*/ Lunch Break (On your own)**
- 2.00 pm **Main stage: Money Mind Mastery**  
*Suzy Prudden*
- 3.00 pm Breakout sessions:
- It's your time and your turn - Stand UP and Step Into Your Life!**  
*Jo Dibblee*
- Breaking the Silence: How to free Your Voice and Message to Create Impact and Meaning**  
*Karen McGregor*
- Taking Off The Costume: The Five Keys to Showing Up Powerfully**  
*Katherine Johnson*
- 4.00 pm **Main stage: Reclaim Success**  
*Christy Primmer*
- 5.00 pm Evening Break
- 6.30 pm **MY Celebration Party\*\***

*\*Included in MY Success Pass. May also be purchased individually as add-ons to MY Growth Pass.*

*\*\* Includes canapés and one drink. Additional food can be ordered. This event is off site.*

# MAGENDA

## SUNDAY - DAY 2

- 8.00 am Registration/Check-in
- 8.30 am **Main stage: Embracing Your Magnificence - Part 2**  
*Francesca Anastasi*
- Main stage: I am selfish ... and it's good – Realizing your potential through 'Good Selfishness'**  
*Monika Becker*
- 10.00 am Breakout sessions:
- The cost of clutter, how it's affecting you and what to do about it**  
*Rowena List*
  - You Playing Small Does Not Serve The World**  
*Sandra Rechsteiner*
  - Fearless Finances for Worried Women: Five Money Mindset Secrets for a NEW Financial Future**  
*Tresa Leftenant*
- 11.00 am **Main stage: A Life Without Regrets...Now That's Success!**  
*Lynn Robinson*
- Main stage: Happiness is Your Choice**  
*Tetyana Golota*
- 12.30 pm Lunch Break (On your own)
- 2.00 pm **Main stage: Special Presentation**
- Main stage: The Only Kind of Courage You Need**  
*Julia Kristina Mah*
- 3.00 pm Breakout sessions:
- Knowing Your Sacred Gifts Can be Life Shifting!**  
*Dana Smithers*
  - The Importance of Being Seen**  
*Maggi Woo*
  - Looking Your Best - for Work, Love and Play**  
*Patti Morrison*
- 4.00 pm **Main stage: Akwaba! Feel your Heart and your Life with Friendship, Connection and Belonging**  
*Jacky Yenga*
- Main stage: Choreography for life**  
*Francesca Anastasi*
- 4.50 - 5 pm Closing Remarks